

CERTIFICATE OF PARTICIPATION

This is to certify that

Jan de Kock

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 03:36:55

PACE 05:09/km

OVERALL 63 of 440

GENDER 59 of 351

**SENIOR (20- 39 of 133
39)**

16 February 2019, Sat

Date



BoutTime

Signature

